

PALÓC CSÁRDÁS  
(Hungary)

Couple dance from North Central Hungary.

Pronunciation: PAH-lohts CHAR-dahsh

Source: Timár, Martin, Lányi, Czompo.

Formation: Couples


Record and Music: Qualiton LPX 18007, "Palóc Csárdás," B-9.


Slow 4/4, fast 2/4 meter.

Steps, Motifs, and Sequences:

- cts      1. Double Csárdás (local variation) ♪ ♪ ♪ ♪ / ♪ ♪ ♪ ♪
- 1      Step with L ft to L sdwd.
- 2      Step (close) with R ft in place.
- 3      Step with L ft to L sdwd.
- 4      Close R ft to L ft, no wt.
- 5      Step with R ft to R sdwd.
- 6      Step (close) with L ft in place.
- 7      Step with R ft to R sdwd.
- 8      Bounce on the R ft.  
Note: This motif is slightly bouncy (downbeat).
2. Preparation for turning ♪ ♪ ♪ ♪
- 1      Step with L ft to L diag fwd direction.
- 2      Step with R ft in front of L (3rd pos), and start to turn to the R.
- 3      Step with L ft to L diag fwd (R ft remains in its previous place with some wt on it).
- 4      On the balls of both ft, turn about 1/3 to the R (downbeat).
3. Rida (closed) ♪ ♪
- 1      Step with R ft in front of the L ft with a slight knee bend.
- 2      Step with L ft to L diag fwd.
4. Bukós (single) ♪ / ♪ / ♪ ♪ / ♪ ♪ / ♪ ♪ / ♪ ♪ / ♪ ♪ / ♪ ♪ //
- 1-2      Step with R ft to R (sdwd).
- 3-4      Close L ft to R without taking wt.
- 5      Step with L ft to L sdwd.
- 6      Step with R ft in place (beside L ft).
- 7      Step with L ft into a small second pos (ft apart), and at the same time, bend both knees.
- 8      Pause.
- 9-12      Repeat cts 5-8 (Step 4) with opp ftwork and direction.
- 13      Step with L ft to L sdwd.
- 14      Step with R ft in place (beside L ft).
- 15      Step with L ft to the L sdwd, turning slightly to the L.
- 16      Pause.

PALÓC CSÁRDÁS (continued)

5. Bukós (turning) 
- 1 Step with R ft fwd.  
 2 Step with L ft beside R ft.  
 3 Step with R ft fwd, at the same time bend both knees.  
 4 Pause.  
 Repeat with opp ftwork, but the same direction.

6. Bukós (double) 
- 1 Step with L ft into a small 2nd pos with knee bend.  
 2 Straighten the knees.  
 3 Bend the knees.  
 4 Pause.

THE DANCE

- Meas SLOW CSÁRDÁS  
 Ptrs face each other in shldr-shldr-blade pos.  
 1-4 #1 Double Csárdás two times (identical ftwork).  
 5 #2 Preparation for turning.  
 6-8 #3 Rida (cpls turn to R around each other) six times.  
 On the last ct, close L ft to the R with a heel-click.  
 Repeat action of meas 1-8 seven more times, to the end of the slow music.

- FAST CSÁRDÁS  
 1-8 #4 Bukós (single).  
 9-14 #5 Bukós (turning) three times. Cpls turn around each other to the R.  
 15-16 Cpls face each other and do #6 Bukós (double).  
 17-21 #3 Rida five times, cpls turn around each other to the R.  
 22 Step with R ft in front of the L ft and pause.  
 23-24 #6 Bukós (double).  
 Repeat meas 1-24 (Fast Csárdás) several more times to the end of the music.

Presented by Andor Czompo

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